

# CA 19-9 in the Differential Diagnosis between Pancreatic Cancer and Chronic Pancreatitis\*

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**Abstract**—CA 19-9 serum concentration was determined by a immunoradiometric technique in 130 subjects to evaluate its role in differentiating pancreatic cancer from chronic pancreatitis. Two threshold values were chosen, 17 and 37 U/ml. With the former, sensitivity, specificity and diagnostic accuracy were 86.7, 62.3 and 49.0 respectively, with the latter 73.3, 87.0 and 60.3%. The receiver-operating characteristic curves demonstrated a satisfactory discriminating capacity of CA 19-9 as regards pancreatic cancer and chronic pancreatitis; in contrast, the discrimination was poor for other gastrointestinal diseases, mainly of a malignant nature.

## INTRODUCTION

CA 19-9, a mucin-type glycoprotein [1], recently identified in colorectal carcinoma by means of a specific monoclonal antibody [2], has been studied in a variety of tumours and chronic inflammatory diseases, mostly of gastrointestinal origin [3-7]. With respect to pancreatic cancer, increased CA 19-9 serum levels have been reported in the majority of patients studied [4-6, 8]. Nevertheless, few data are present in the literature regarding the usefulness of such determination in differentiating malignant from non-malignant pancreatic diseases [4, 5, 8].

The aim of the present investigation was to ascertain the value of CA 19-9 in distinguishing pancreatic cancer from chronic pancreatitis and other gastrointestinal diseases.

## MATERIALS AND METHODS

A total of 130 subjects was studied. Thirty-one were control subjects, healthy members of the medical staff (20 male, 11 female, aged 24-56 yr). Thirty were affected by pancreatic cancer of ductular cell origin [9], always histologically

confirmed (18 male, 12 female, 35-79 yr). Twenty-nine were chronic pancreatitis patients, 16 calcifying, 13 non-calcified (26 male, 3 female, 25-59 yr); the diagnosis was assessed on the basis of the clinical picture and on the positive results of at least two of the following procedures: plain abdomen X-ray for pancreatic calcifications, pancreatic ultrasonography, computed axial tomography, ERCP and secretin-caerulein test. Forty presented non-pancreatic digestive diseases (21 male, 19 female, 21-81 yr), diagnosed on the basis of the clinical picture and on specific radiologic and/or histologic examinations (carcinoma of the papilla of Vater: 4 cases; carcinoma of the gall bladder or of the biliary tract: 7; carcinoma of the colon: 4; liver cirrhosis: 7; hepatic fibrosis: 3; acute viral hepatitis: 2; gallstones: 9; benign stenosis of the papilla of Vater: 1; gastroduodenitis: 1; irritable colon: 2). Informed consent was obtained in every case.

Serum CA 19-9 concentration was determined by means of an immunoradiometric method (GICAK Sorin Biomedica, Saluggia, Vercelli, Italy) previously described by Del Villano *et al.* [4]. The between-assay coefficients of variation (20 determinations), assessed on sample pools at different concentrations (from 16.3 to 120.3 U/ml), ranged from 8.1 to 11.1%.

In distinguishing normal from pathological results, two threshold limits were considered: one comprising 95% of our controls ( $\leq 17$  U/ml), the other identical to that chosen in a previous study,

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which considered the distribution of the values in a large control population ( $\leq 37$  U/ml) [4].

The statistical evaluation of the results was carried out using the Kruskal-Wallis test (one-way analysis of variance) [10], chi-square test, Youden index [11] and ROC (receiver-operating characteristic) curves [12].

## RESULTS

Figure 1 illustrates the individual values of serum CA 19-9 concentration in the studied material. The Kruskal-Wallis test showed a significant stochastic distribution difference among groups ( $T = 60.76$ ,  $P < 0.0000$ ).

A significantly increased frequency of pathological results was documented in pancreatic cancer patients with respect to the other groups considering both the cut-off values chosen (for 17 U/ml:  $\chi^2 = 50.8$ ,  $P < 0.0005$ ; for 37 U/ml:  $\chi^2 = 57.3$ ,  $P < 0.0005$ ).

The sensitivity of the test in distinguishing pancreatic cancer (Youden index) was 86.7 and 73.3% considering 17 U/ml and 37 U/ml as the threshold value respectively; the specificity was

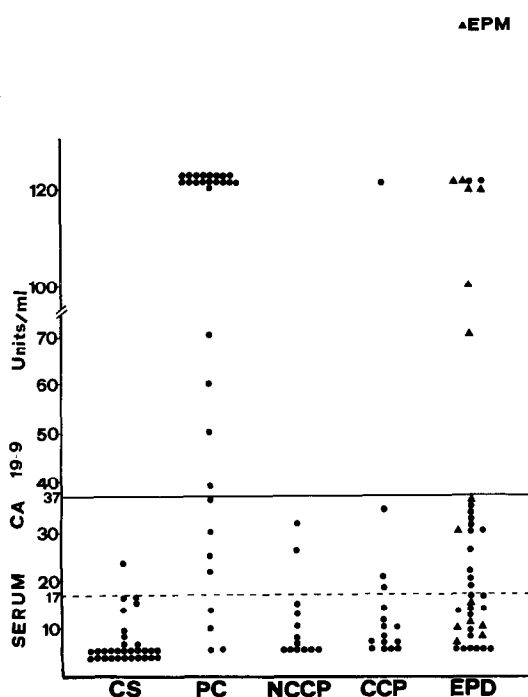


Fig. 1 Serum CA 19-9 values in 130 subjects. The continuous and the dotted lines represent the two threshold levels chosen. Abbreviations: CS, control subjects; PC, pancreatic cancer; NCCP, non-calcified chronic pancreatitis; CCP, calcifying chronic pancreatitis; EPD, extra pancreatic diseases; EPM, extra pancreatic malignancies.

62.3 and 87.0% and the diagnostic accuracy was 49.0 and 60.3% respectively.

Figure 2 shows the ROC curves assessed in the attempt to differentiate pancreatic cancer from

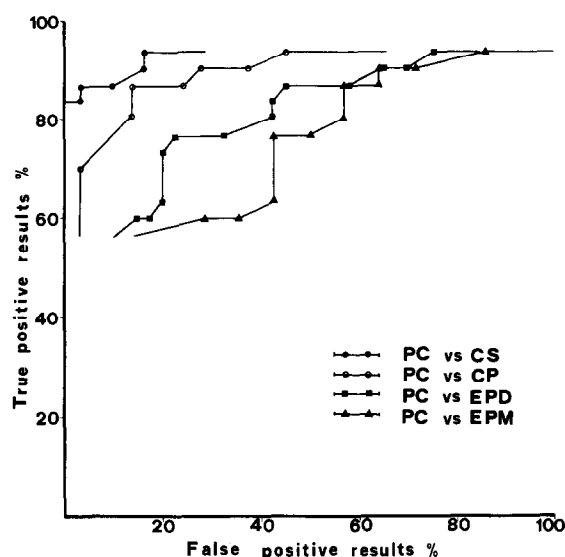


Fig. 2 Receiver-operating characteristic curves assessed in the studied material. Abbreviations: CS, control subjects; PC, pancreatic cancer; CP, chronic pancreatitis; EPD, extra pancreatic diseases; EPM, extra pancreatic malignancies.

control subjects, chronic pancreatitis and other gastrointestinal pathological conditions.

## DISCUSSION

With the aim to support the diagnosis of pancreatic cancer by means of non-invasive techniques, different serum markers have been proposed, i.e. CEA, POA, ferritin, RNase, GT<sub>II</sub> [13-18]. Nevertheless a number of false positive and negative results has always been described, thus limiting the diagnostic value and clinical usefulness of these tests.

In this study CA 19-9 concentration in serum was confirmed to be elevated in the vast majority of pancreatic cancer patients assuming the threshold value of 17 U/ml, which comprised 95% of our controls. In the chosen strategy, however, the specificity of the test, although superior to that reported for other proposed markers [13, 16], was not completely satisfactory.

In the attempt to improve such results, another cut-off point was adopted, according to Del Villano *et al.* [4] (37 U/ml). The slight decrease in sensitivity observed was largely compensated for by a decisive improvement in specificity (from 62.3 to 87.0%) and, consequently, in the diagnostic accuracy of the test.

Considering the receiver-operating characteristic curves, CA 19-9 was able to distinguish pancreatic cancer from control subjects in 87 and 93% of cases, pancreatic cancer from chronic pancreatitis in 77 and 87% and from non-pancreatic digestive diseases in 57 and 73% assuming 10 and 20% false positive results respectively.

These results stress that the discriminating capacity of CA 19-9 in distinguishing pancreatic cancer from chronic pancreatitis is at least as good as that reported for POA and GT<sub>II</sub> [15, 17] and superior to that found for CEA, RNase and ferritin [13-18]. However, because of the presence of false-positive and -negative results, this marker may be considered an indicative but not a definitive test in differentiating benign from malignant pancreatic disease. Furthermore, the origin of the antigen, identified in colorectal carcinoma [19], accounts for the low specificity found when pancreatic was compared with extrapancreatic diseases of neoplastic nature.

The simultaneous evaluation of CA 19-9 with

other proposed markers for pancreatic cancer may be attempted [8]. Nevertheless, our previous observations concerning the combined assessment of CEA and ferritin as well as of RNase and ferritin in diagnosing pancreatic cancer failed to improve the diagnostic accuracy [20, 21].

From these preliminary results, CA 19-9 determination may be considered a sensitive test for pancreatic cancer diagnosis, and one of the best markers currently available in differentiating chronic neoplastic from non-neoplastic pancreatic diseases. However, its specificity with respect to other gastrointestinal diseases mainly of neoplastic nature is, as expected, limited in extent.

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